

Bacons College Coaching Year 10 Review 2015/16



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"My attitude to learning has improved and I understand how attitude alone can essentially improve grades!" Taylor (Year 10).

YEAR 10 - COACHING

Re-cap

Vision: help pupils become independent, reflective and resilient learners so they can lead the lives they want.

Mission: supporting disadvantaged children improve their prospects of winning places at top universities.

As a result, we aim to improve three factors:

1. Grades
2. Confidence
3. Expectations



Coaching twenty Year 10 pupils

From 29th April 2016 to 5th July 2016, we have run over 342 hours of 1-1 coaching, group workshops top and tailed by a launch trip at Kings College University and a graduation at University College London.

Pupils Notable Achievements

Sebastian: "In my English class, I studied Macbeth, and before CoachBright I wasn't doing so well on it. However after my sessions with my coach, I improved dramatically on Macbeth. I was getting level 4s and now I'm getting 7s and 8s."

Edina: "The programme has helped me achieve higher grades in science and it has helped me understand the topics better."

Chloe: "My grade in chemistry has gone up and tests have become easier."

Maliha: "I achieved a higher grade on my English classwork and felt a lot more confident while doing mock exams."

Grade change

Information about the data below:

- It is created from Year 10 Module 5 and Module 6 Progress Reports in 2015/16.
- It all refers to the pupils' current grades rather than predicted.
- Refers to pupils who completed the whole coaching programme.

Grades from time starting coaching to time finishing:

- Pupils grade change was 80% better in coached subjects (-0.0294 average) compared to non-coach subjects (-0.2170 average).
- 9/17 stayed the same or gone up in subject being coached in (53%)
- 20% gone up in subject being coached in.

Taylor Gone from a B to an A in subject being coached in (Biology).

Jodie Gone from a 3 to a 4+ in subject being coached in (English lit)

Lauren Gone from 4 to 4+ in subject being coached in (English lang)

Eunice Gone from E to D in subject being coached in (Core Science)



Pupil Survey from 11/20 surveyed:

- 100% of pupils strongly agree or agree they are able to carry out independent research and use it to support their written work
- 100% of pupils strongly agree or agree they have become more of an independent learner who can meet deadlines on time.
- 100% of pupils strongly agree the programme has made me more motivated to succeed in my studies.
- 82% of pupils strongly agree they have higher expectations of their work.
- 82% of pupils strongly or agree they have become more resilient and can bounce back from setbacks.
- 73% strongly agree or agree the programme has made me more engaged and involved in class.

- 91% feel confident that I have the ability to go on and study at university.
- 100% strongly agree they can clearly see how CoachBright will help me improve my performance in class
- 100% of pupils strongly agree or agree they now know the steps needed to improve as a learner.
- 100% of pupils strongly agree or agree they plan to take the necessary steps to improve as a learner.



- 91% strongly agree or agree they plan to go and study at university.
- 100% strongly agree or agree as a result of coaching their grades will improve.
- 91% strongly agree or agree they would recommend CoachBright to friends.

What the Pupils Say

"CoachBright has changed me as a learner because it has made me more engaged in class. I always put my hand up to answer questions. I also always do extra work at home now, because practice helps me a lot. It also helped me enjoy learning. It was a fantastic experience and I would recommend it to all students." Seb.

"I achieved better grades and became more focussed in class. I feel more eager to improve my learning. It has helped me academically and you should do it more in schools because it helps a lot!" Eunice.

"My attitude has improved in English since my CoachBright journey. I feel more confident in tests. Thank you, it has supported me lots!" Oliver

"I am more enthusiastic in school and during my lessons. I wish we had two sessions a week and a longer period of time. The school should provide this programme to more students in the school!" Maliha.

"I know more in class. I am more motivated to get better grades in school as CoachBright has helped me to realise I can achieve better grades. It is great for motivating and inspiring students to do better work and to realise they are able." Elle-Maria.

"It has made me more of an independent learner and it has taught me how to revise the best way possible." Chloe.



Taylor "My attitude to learning has improved and I understand how attitude alone can essentially improve grades. It's a beneficial programme that improves attitude!"

Vania "I have done really well in my exams and learned how to revise more, thanks to Steph. It's made me more engaged in classwork, more confident in class and in my work."

Victoria "I feel more confident in my answers, before hopefully when I get my exams back I did well in science because me and my coach learnt biology together. I feel ambitious and focussed and independent. Normally I'd be shy as well but in a way I've come out of that. And I'm more excited for my future. I liked being able to feel confident with my coach. And sit and talk about what I could do to succeed."

Edina "I like the fact that coaches are university students so we are learning from people who are learning too. It has helped me manage my time at home better so I would meet a deadline. I would tell the Principal that CoachBright is very helpful and not only can you learn, but you can enjoy yourself."

Alexandra "I feel more confident in my answers. I also answer more questions in exams as I am able to answer questions that I feel I know. I can do things more independently without feeling like I am judged. I am also more willing to learn."

Programme Thoughts

From running our first Bacon's programme. CoachBright are good at:

- Self reflective space focussed on what they want and who they are. Pupils enjoy the personalised sessions they get with their coach.
- Opportunity for pupils to explore their academic reality in a self directed manner.
- Tours and group workshops great way to create a team environment.

Things need to improve on/think about:

- Build on the group programme environment more by introducing team names and team ethos. For example, using badges and potentially socials.
- Having set dates to gather assessment data before and after the programme.
- Have access to key resources (curriculum, textbooks and key texts).

